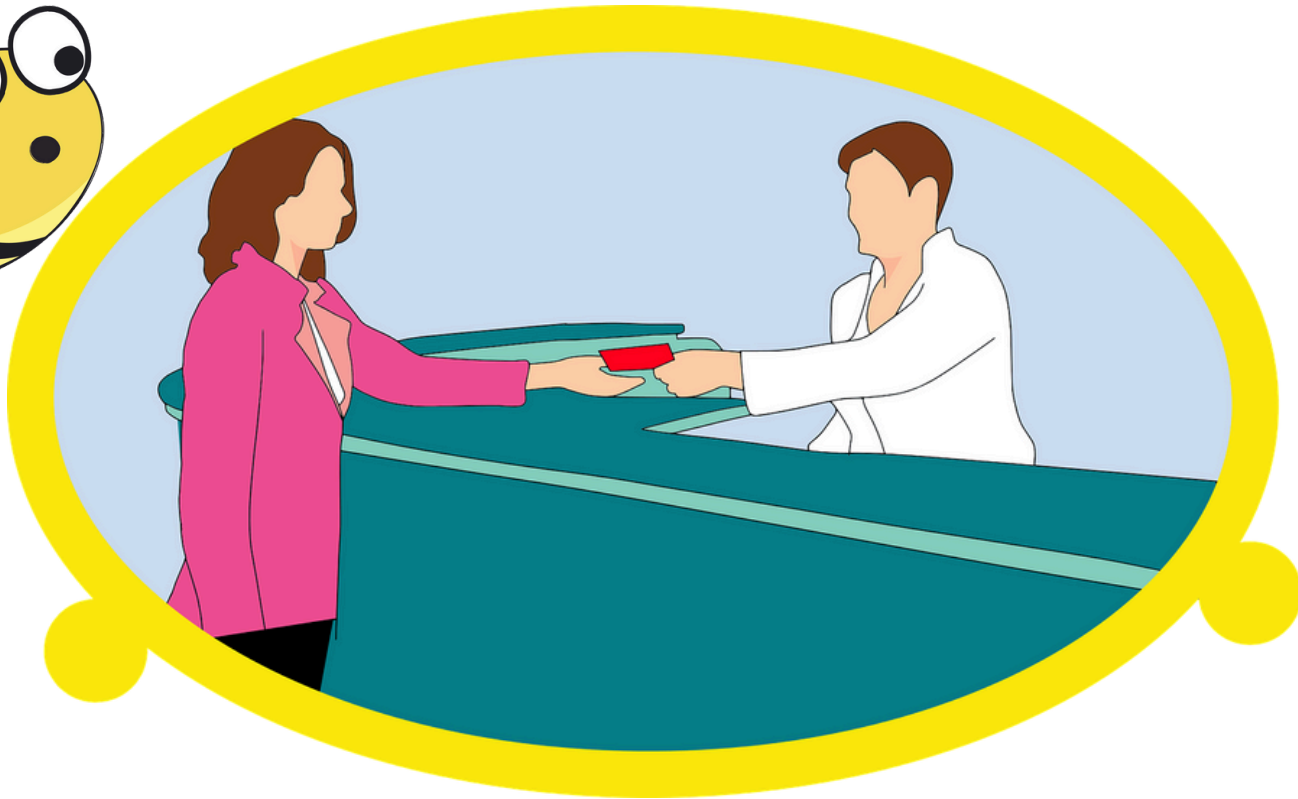


ACRO Goes to the Dentist



**Acro has come to the dentist today!
Acro likes to make sure his teeth stay nice & healthy
as he likes to eat lots of honey!**

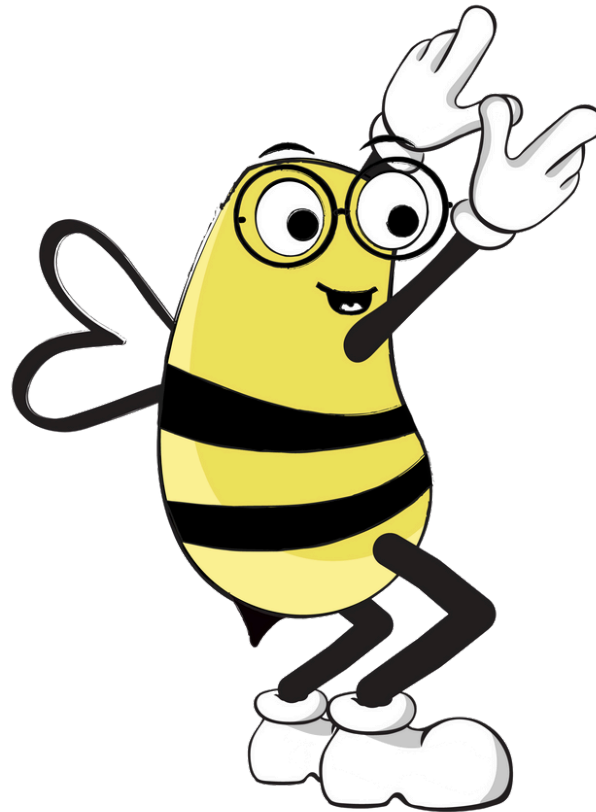
**Acro tells the receptionist that he has arrived.
Acro is feeling a little scared - how can we help him
feel less scared?**



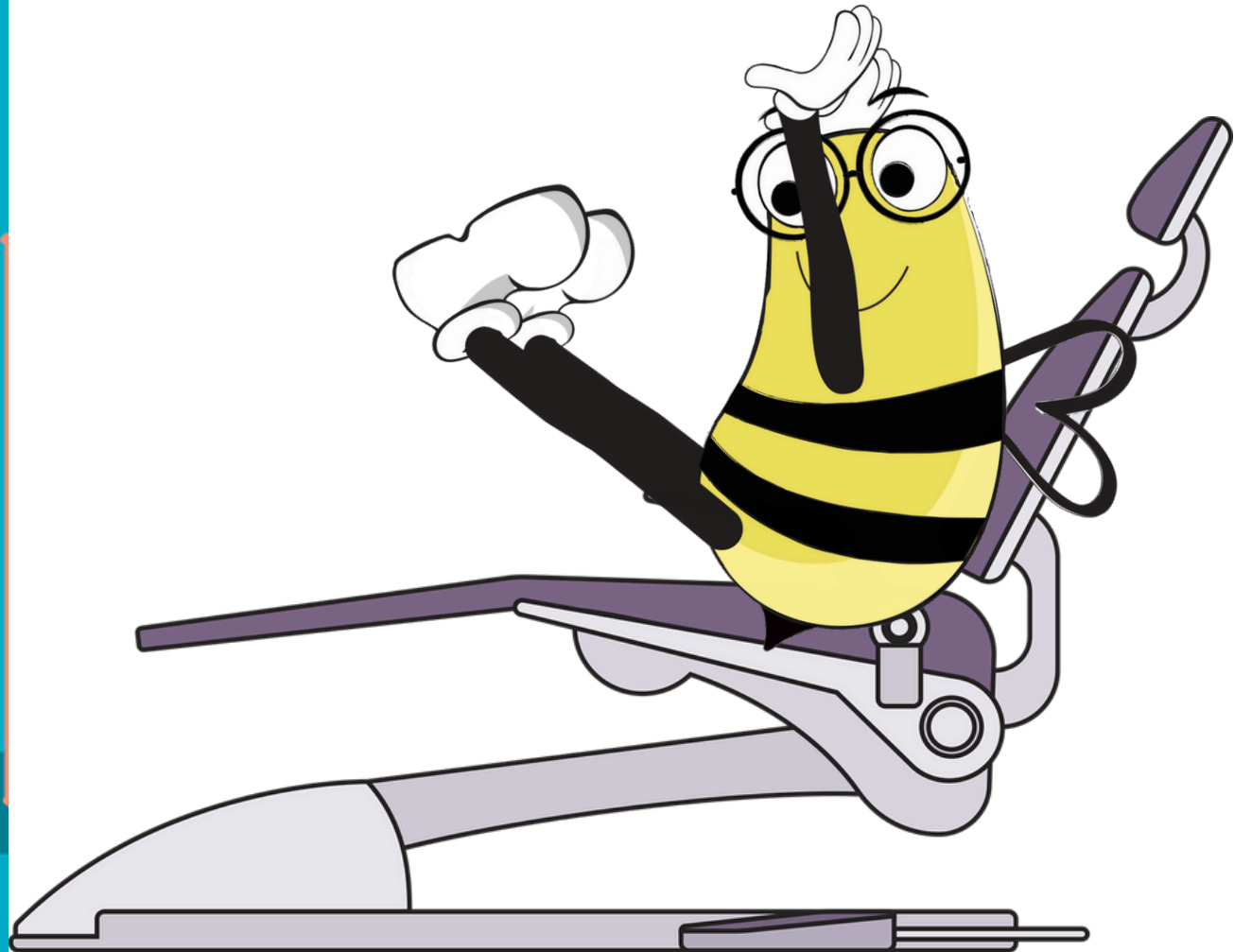
**Acro has to wait to see the dentist
in the waiting room.**

**There are lots of chairs in the
waiting room so Acro is doing his
chair pose.**

**Be careful Acro someone might sit
on you!**



It is time to see the dentist. Acro sees the dental chair that he needs to sit in so the dentist can check his teeth. Look at Acro showing the dentist what the chair does? He is very funny!

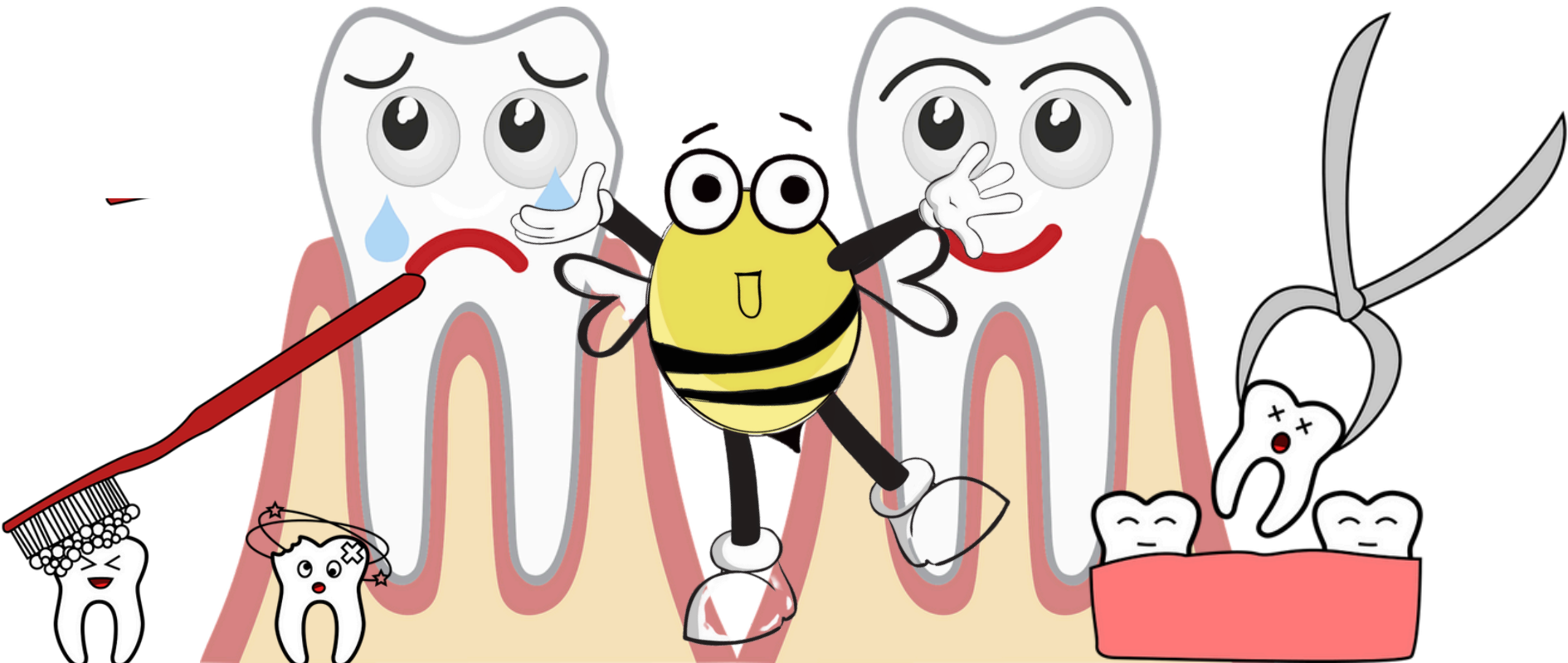


**The dentist asks Acro to
open his mouth. He
checks his teeth with a
mirror and his dental
equipment.**

**Acro is opening his
mouth nice and wide so
the dentist can do this!**



**The dentist checks that all the teeth are smiling!
He gives them a clean and polish. Sometimes if a tooth is very
poorly the dentist may need to take it away but that doesn't
happen very often!
Brushing your teeth every morning & night will keep your teeth
happy!
Acro is moving his arms side to side like he is giving his teeth a
very good brush!**

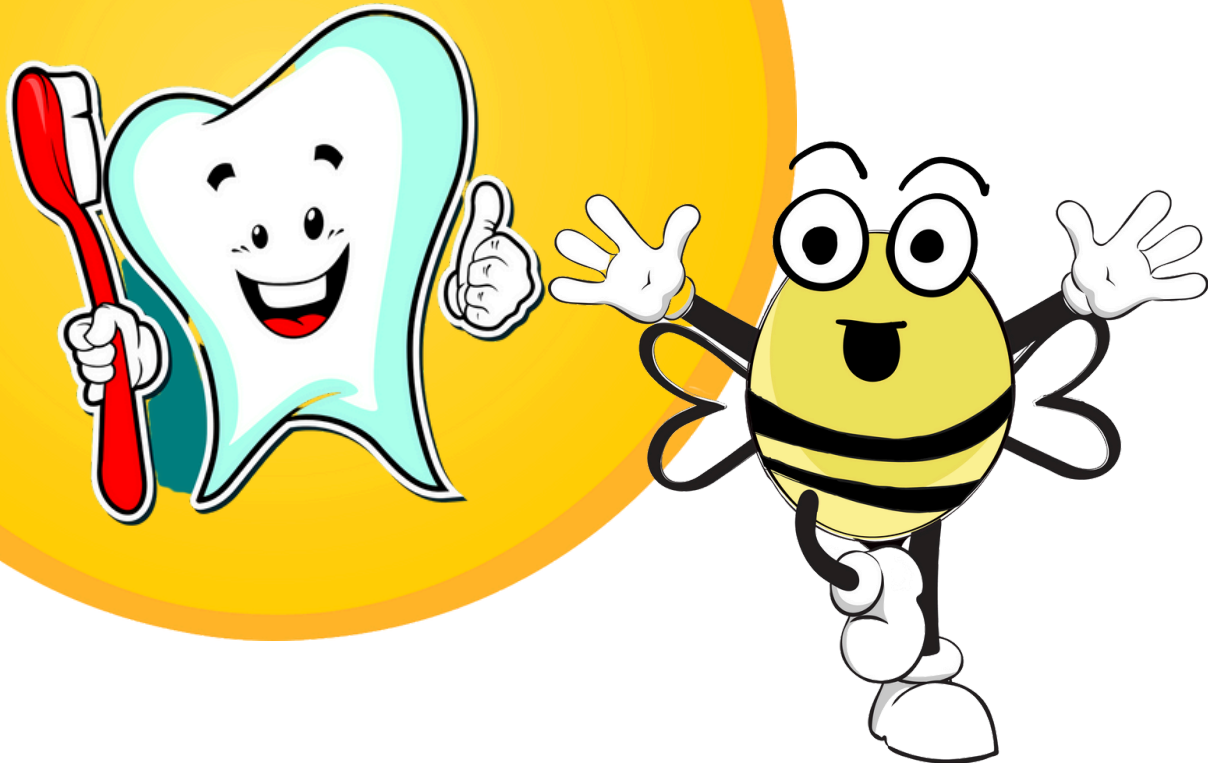


At the end the dentist gives Acro a sticker for being so brave and good while he checked his teeth!

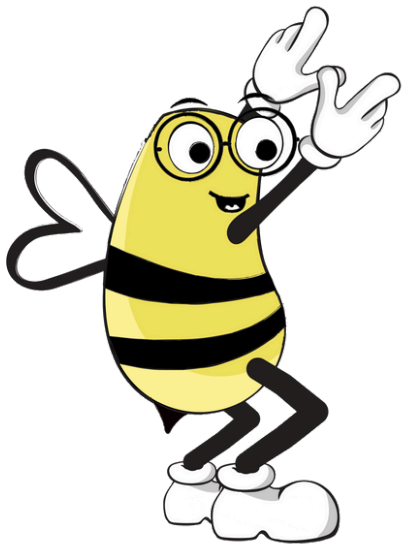
Well done Acro!

Acro is so happy he is skipping and waving goodbye to the dentist!

Well Done!



Can you copy all of Acro's moves at the dentist today?



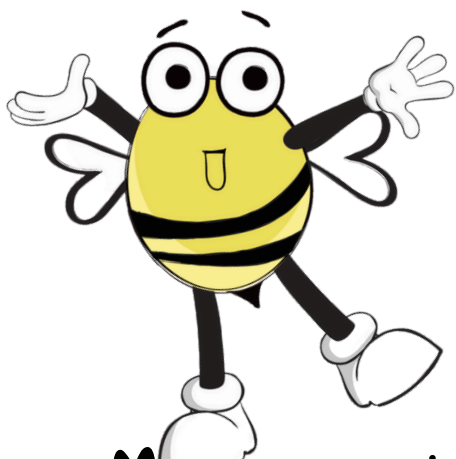
Chair Pose



V Sit



Star Pose



Move arms side to side



Skipping & Waving